



eat & be
WELL

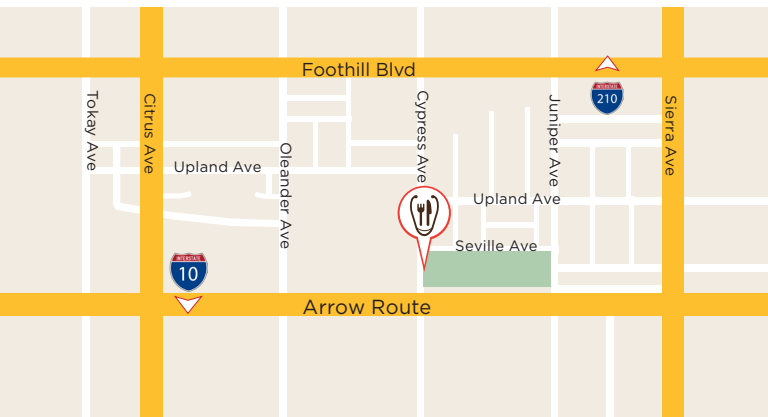
PROVIDING NOURISHMENT & OTHER SERVICES TO
PEOPLE IN NEED THIS THANKSGIVING

OFRECEREMOS COMIDA Y OTROS SERVICIOS A LAS
PERSONAS CON MENOS RECURSOS ESTE DÍA DE ACCIÓN DE GRACIAS

FREE EVENT
EVENTO GRATIS **11.21.2018**

11:00AM-3:00PM **EATBEWELL.ORG**

*Eat & Be Well is not affiliated with the Fontana Unified School District, nor were the flyers printed with district funds.



info@eatbewell.org

Seville Park & Cypress Neighborhood Center
8380 Cypress Ave. Fontana, CA 92335

ANOTHER  **PROJECT BOON** **EVENT**



Since 2011, Project Boon has been hosting our Thanksgiving event, Eat & Be Well, to serve warm meals and provide a health and wellness resource fair for the underserved in the Inland Empire. We have served over 35,000 plates at our holiday-based events. Our event helps low-income families stretch their holiday budget and connect them to social resources they otherwise may not have access to. Along with a Thanksgiving meal and connection to potentially life-changing resources, our resource fair also offers hygiene kits, haircuts, flu shots, as well as medical, vision, and dental screenings.

Desde el año 2011, Project Boon ha sido anfitrión de nuestro evento Eat & Be Well en el que se proporciona comida y una gran variedad de recursos para la salud y el bienestar de los más necesitados en el Inland Empire. Hemos servido más de 35,000 platos en nuestros eventos de días festivos y la necesidad sigue creciendo. Nuestro evento ayuda a familias de bajos recursos a estirar su presupuesto para los días festivos y a conectarlas con los recursos sociales con los que de otro modo no tendrían acceso. Por otra parte, nuestro evento no solo ofrece un plato de comida y recursos que cambian la vida de muchas familias, si no también ofrece botiquines de higiene, calcetines, cortes de pelo, vacunas contra la gripe y exámenes médicos, dentales y de la vista.

Interested in helping out? Here are some items needed for this year's Eat & Be Well:

Si desea apoyar este evento, estos son algunos de los artículos que se necesitan para este año de Eat & Be Well:

- Lemon Powder
- Sweet Potato
- Green Bean
- Corn
- Gravy
- Cranberry Sauce
- Turkey

Drop-Off Location's:

The Hitch Burger

10789 Arrow Route
Rancho Cucamonga, CA 91730

Firm Media

1047 W. Sixth St., Suite D
Ontario, CA 91762

Glendora Dodge

931 S. Lone Hill Ave,
Glendora, CA 91740

Mortgage Manfro

126 N. Glendora Ave
Glendora, CA 91741

Inland Valley Recovery Services (IVRS)

939 N. D Street
San Bernardino, CA 92401

Larissa Godinez & The Swodeck Group

250 W. 1st St., Suite 318
Claremont, CA 91711

Thank you for your consideration.

For volunteer, vendor and donation opportunities visit eatbwell.org, or send us an email at info@eatbwell.org. Project Boon is a 501 (c)(3) nonprofit organization, tax ID 465140240.